



Week 10 NFL High School 2009 Coach of the Week Award

Lindbergh High School's Coach Pat O'Grady and Chelan High School's Coach Darren Talley

Lindbergh High School's Pat O'Grady and Chelan High School's Darren Talley are week ten's NFL High School Coach of the Week award winners for the state of Washington.

The Lindbergh Eagles defeated the Bainbridge Island Spartans 44-6 to qualify for the 3A state playoffs. The 9-1 Eagles next game will be at home against the 8-2 Ferndale Golden Eagles on Friday, Nov. 13.

The Chelan Goats held off the host Cashmere Bulldogs football team by a final score of 21-14 in Friday's non-league outing.

Aaron McQuaid caught three touchdown passes including a 4 yard touchdown pass from Michael Amsel, Jr. with 8:46 in the fourth quarter to help seal the victory for Chelan. With the win, Chelan improves its record to 4-5 on the season.

The NFL High School Coach of the Week award winners in Washington State are selected by members of the Washington State Football Coaches Association. Recipients of the award receive a \$500 donation for their football program from the Seattle Seahawks and a \$100 savings bond from Sterling Savings Bank. At the conclusion of the high school football season one coach will be selected as the NFL High School Coach of the Year for the state of Washington. The NFL High School Coach of the Year receives a \$2,000 grant.

What is the NFL High School Coach of the Week Program?

The NFL High School Coach of the Week Program aids in the development of youth football. It provides high school football coaches the recognition they deserve, and provides high schools financial assistance in maintaining and upgrading their football programs.

Each week during the high school football season, the Seattle Seahawks and the Washington State Football Coaches Association select two high school football coaches as the Coach of the Week winners. Each recipient receives a \$100 saving bonds from Sterling Savings and a \$500 donation to the school's football program from the Seattle Seahawks and the NFL Youth Football Fund.

At the conclusion of the high school football season one coach is selected as the NFL High School Coach of the Year for the state of Washington presented by Sterling Savings. The NFL High School Coach of the Year receives a \$2,000 grant.

Congratulations to the 2009 High School Coach of the Week award winners!

2009 Coach of the Week Winners

WEEK 1:

4A/3A: Mark Stewart, Meadowdale HS

2A/1A/B: Jack McMillan, La Salle HS

WEEK 3:

4A/3A: Bill Diedrick, University HS

2A/1A/B: Roger Hoell, Othello HS

WEEK 5:

4A/3A: Scott Devereaux, Wenatchee HS

2A/1A/B: Eli Ala'ilima-Daley, Cascade HS

WEEK 7:

4A/3A: Clay Angle, Curtis HS

2A/1A/B: John Hallead, Onalaska HS

WEEK 9:

4A/3A: Tom Bainter, Bothell HS

2A/1A/B: Dennis Dahl, Orcas Island HS

WEEK 2:

4A/3A: Shaun Tarantola, Juanita HS

2A/1A/B: Jeremy Scroggins, Grandview HS

WEEK 4:

4A/3A: DJ Sigurdson, South KitsapHS

2A/1A/B: Rock Winters, Zillah HS

WEEK 6:

4A/3A: Steve Valach, Liberty HS

2A/1A/B: Randy Affholter, Ellensburg HS

WEEK 8:

4A/3A: Jon Eagle, Camas HS

2A/1A/B: Mike Morgan, Colfax HS

WEEK 10:

4A/3A: Pat O'Grady, Lindbergh HS

2A/1A/B: Darren Talley, Chelan HS