



FEBRUARY 2012



| Monday | Tuesday | Wednesday | Thursday | Friday |
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| <p>The Lake Chelan School District is an Equal Opportunity Employer And Provider.</p> | <p>WW=Whole Wheat WG=Whole Grain</p> | <p>1 Yogurt w/Grahams or Cold Cereal w/Grahams ***** <u>BRUNCH FOR LUNCH</u> Waffles, Sausage Hash Browns Strawberries, Whip Cream</p> | <p>2 Homemade Banana Bread ***** Chicken Drummies or Taco Hot Pocket, Crisp Coleslaw Elf Grahams Peach Slices</p> | <p>3 Breakfast Hot Pocket ***** Cheese Stuffed Breadsticks Marinara Dipping Sauce California Blend Vegetables Mandarin Oranges</p> |
| <p>6 Breakfast Burrito or Cold Cereal w/ Muffin ***** Grilled Ham & Cheese Sandwich/WG Bread Baked Beans, Juice Fresh Fruit Salad</p> | <p>7 Yogurt w/Grahams or Hot Oatmeal w/Grahams ***** WW Cheese Pizza or WW Pepperoni Pizza Fresh Garden Salad Pineapple Tidbits</p> | <p>8 French Toast/Syrup Sausage Links ***** Baked Chicken Nuggets Cheesy Mashed Potatoes Gravy, Green Beans Peach Slices</p> | <p>9 Fresh Fruit Yogurt Parfait or Cold Cereal w/Grahams ***** WG Corn Dog or Chicken Caesar Wrap Golden Corn Rosy Applesauce</p> | <p>10 Homemade Pumpkin Bread ***** Hamburger/WW Bun Cheese Burger/WW Bun Garden Burger/WW Bun French Fries, Orange Wedges</p> |
| <p>13 <u>LATE START</u> Cereal w/String Cheese ***** Hot Dog/WG Bun or Chili Dog/WG Bun Crisp Coleslaw Pineapple Tidbits</p> | <p>14 Yogurt w/Proball or Cold Cereal w/Proball ***** Baked Popcorn Chicken Seasoned Green Beans Mandarin Oranges Valentine Treat</p> | <p>15 Breakfast Biscuit w/ Egg Sausage Patty and Cheese ***** Chicken Crispitos or Fish Nuggets, Sunflower Seeds Raspberry Sherbet Cup Fresh Fruit Salad</p> | <p>16 Yogurt w/ Cereal Bar ***** <u>PARENT LUNCHEON</u> WG Grilled Cheese Sandwich Tomato Soup, Juice Peach Slices, Brownie</p> | <p>17 Ham & Cheese Bar w/WG Toast or Cereal w/WG Toast ***** Teriyaki Rice Bowl w/Brown Rice or Cheese Quesadilla Golden Corn Rosy Applesauce</p> |
| <p>20 NO SCHOOL</p> | <p>21 Breakfast Sausage Pizza ***** Bean & Cheese Burrito or Taco Hot Pocket, Green Beans Raspberry Churro, Pear Slices</p> | <p>22 Cheddar Omelet w/WG Toast or Cereal w/WG Toast ***** WG Cheese Pizza or WG Pepperoni Pizza Fresh Garden Salad Pineapple Tidbits</p> | <p>23 Fresh Fruit Yogurt Parfait or Cold Cereal w/Grahams ***** NEW Baked Chicken Rounds or Chicken Caesar Wrap Country Trio Vegetables Mandarin Oranges</p> | <p>24 Kids Choice ***** Kids Choice</p> |
| <p>27 Pancakes w/Syrup Sausage Links ***** Chicken Patty/WW Bun or Fish Filet/WW Bun Juice Peach Slices</p> | <p>28 Homemade Granola Bar ***** WG Corn Dog Golden Corn Elf Grahams Rosy Applesauce</p> | <p>29 Cooks Choice ***** Cooks Choice</p> | <p>Choice of 1% white or non-fat chocolate milk is offered with every meal. All breakfasts are served with fresh fruit, drained canned fruit or 100% fruit juice</p> | <p>A Harvest Bar is offered daily at lunch includes: fresh fruit, crisp fresh vegetables and condiments for the meal.</p> |