



JANUARY 2012



| Monday | Tuesday | Wednesday | Thursday | Friday |
|---|---|---|--|--|
| <p>2</p> <p style="text-align: center;">NO SCHOOL</p> | <p>3 Breakfast Hot Pocket</p> <p>*****</p> <p>Whole Grain Corn Dog Golden Corn, Elf Grahams Rosy Applesauce</p> | <p>4 Homemade Banana Bread</p> <p>*****</p> <p>Cheese Pizza or Pepperoni Pizza Fresh Garden Salad Pineapple Tidbits</p> | <p>5 French Toast Sausage</p> <p>*****</p> <p>Baked Chicken Nuggets Seasoned Green Beans Cinnamon Proball Peach Slices</p> | <p>6 Yogurt w/Muffin or Cold Cereal w/Muffin</p> <p>*****</p> <p>Hamburger/WW Bun Cheeseburger/WW Bun Garden Burger/WW Bun French Fries, Satsuma</p> |
| <p>9 LATE START Cold Cereal w/String Cheese</p> <p>*****</p> <p>Hot Dog or Chili Dog/WW Bun Baked Tater Tots Orange Sherbet Cup Fresh Apple Slices</p> | <p>10 Breakfast Burrito or Cold Cereal w/Muffin</p> <p>*****</p> <p>Cheese Stuffed Breadsticks Marinara Dipping Sauce Seasoned Green Beans Mandarin Oranges</p> | <p>11 Homemade Pumpkin Bread</p> <p>*****</p> <p>BRUNCH FOR LUNCH Waffles, Sausage Hash Browns, Strawberries Whip Cream</p> | <p>12 Fresh Fruit Yogurt Parfait or Cold Cereal w/Proball</p> <p>*****</p> <p>Super Nachos w/Meat and Cheese Sauce or Chicken Caesar Wrap, Corn Rosy Applesauce</p> | <p>13 COOKS CHOICE</p> <p>*****</p> <p>Baked Chicken Drumsticks Juice Bar Bug Bite Grahams Peach Slices</p> |
| <p>16</p> <p style="text-align: center;">NO SCHOOL</p> | <p>17 Yogurt w/Grahams or Hot Oatmeal w/Grahams</p> <p>*****</p> <p>Cheese Pizza or Pepperoni Pizza Fresh Garden Salad Pineapple Tidbits</p> | <p>18 Fresh Baked Coffee Cake</p> <p>*****</p> <p>Curley Chicken Noodle Soup Texas Cheese Toast Juice Fresh Apple Slices w/Dip</p> | <p>19 Cold Cereal w/Toast or Ham & Cheese Bar w/Toast</p> <p>*****</p> <p>PARENT LUNCHEON Chicken Patty/WW Bun Green Beans, Sliced Peaches Pudding on a Stick</p> | <p>20 Fresh Baked Scones</p> <p>*****</p> <p>Teriyaki Rice Bowl or Cheese Quesadillas Golden Corn Mandarin Oranges</p> |
| <p>23 Kids Choice</p> <p>*****</p> <p style="text-align: center;">Kids Choice</p> | <p>24 Pancakes, Sausage Hash Browns</p> <p>*****</p> <p>Baked Chicken Nuggets Mashed Potatoes w/Gravy Green Beans, Sliced Peaches</p> | <p>25 Yogurt w/Grahams or Cold Cereal w/Grahams</p> <p>*****</p> <p>Grilled Cheese Sandwich Tomato Soup, Juice Diced Pears, Brownie</p> | <p>26 Fresh Fruit Yogurt Parfait or Cereal w/Proball</p> <p>*****</p> <p>Corn Dog or Chicken Caesar Wrap, Baked Tater Tots Rosy Applesauce</p> | <p>27 Breakfast Sausage Pizza</p> <p>*****</p> <p style="text-align: center;">EARLY RELEASE</p> <p style="text-align: center;">COOKS CHOICE</p> |
| <p>30 LATE START Cold Cereal w/String Cheese</p> <p>*****</p> <p>Chicken Patty/WW Bun or Fish Nuggets, Green Beans Pear Slices</p> | <p>31 Bagels w/Cream Cheese or Cold Cereal W/Grahams</p> <p>*****</p> <p>Rotini Pasta w/Meat Sauce Texas Cheese Toast, Salad Pineapple Tidbits</p> | <p>The Lake Chelan School District is an Equal Opportunity Employer and Provider</p> | <p>Choice of 1% white or non-fat chocolate milk is offered with every meal. All Breakfasts are served with fresh fruit, drained canned fruit or 100% fruit juice.</p> | <p>A Harvest Bar is offered daily at lunch includes: fresh fruit, crisp fresh vegetables and condiments for the meal.</p> |