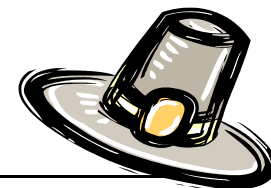




NOVEMBER 2011



Monday	Tuesday	Wednesday	Thursday	Friday
<p>The Lake Chelan School District is an Equal Opportunity Employer And Provider.</p> <p>PARENT LUNCHEON IS NOVEMBER 17TH.</p>	<p>1 Yogurt w/ Grahams or Cold Cereal w/ Grahams ***** Kids Choice</p>	<p>2 Fresh Baked Coffee Cake ***** Chicken Patty/WW Bun or Fish Filet/WW Bun Crisp Coleslaw Grape Bunches</p>	<p>3 Fresh Toast w/ Sausage Hash Browns ***** Whole Grain Corn Dog or Chicken Caesar Wrap Seasoned Green Beans Fresh Orange Wedges</p>	<p>4 Cheddar Cheese Omelet w/ Toast or Cereal w/Toast ***** Soft Taco w/Meat or Beans Cheese, Lettuce, Salsa Golden Corn Peach Slices</p>
<p>7 Ham & Cheese Bar w/ Toast or Cereal w/Toast ***** Teriyaki Rice Bowl or Cheese Quesadilla, Juice Mandarin Oranges</p>	<p>8 Homemade Pumpkin Bread ***** Cheese or Pepperoni Pizza Fresh Garden Salad Pineapple Tidbits</p>	<p>9 Cherry Turnover or Cereal w/ String Cheese ***** Baked Chicken Nuggets Mashed Potatoes w/ Gravy Golden Corn Homemade Apple Crisp</p>	<p>10 Fresh Fruit Parfait or Cereal w/Muffin ***** Curly Chicken Noodle Soup Texas Cheese Toast Frozen Juice Bar Rosy Applesauce</p>	<p>11</p> <p>NO SCHOOL</p>
<p>14 Breakfast Burrito or Cold Cereal w/Muffin ***** Hot Dog or Chili Dog on WW Bun, Golden Corn Peach Slices</p>	<p>15 Breakfast Sausage Pizza ***** Bean & Cheese Burrito or Beef and Bean Burrito, Salsa Steamed Green Beans Fresh Fruit Medley</p>	<p>16 Yogurt w/Grahams or Hot Oatmeal w/Grahams ***** BRUNCH FOR LUNCH Waffles, Sausage Hash Brown, Strawberries Whip Cream</p>	<p>17 Breakfast Hot Pocket ***** Hamburger/WW Bun Cheese Burger or Garden Burger, Baked French Fries Grape Bunches</p>	<p>18 Bagels w/Cream Cheese or Cold Cereal w/ Grahams ***** Ham & Cheese/WW Hoagie Turkey & Cheese/WW Hoagie Juice Cup Satsuma Orange</p>
<p>21 Fresh Baked Scones ***** Chicken Patty/WW Bun or Fish Nuggets, Golden Corn Rosy Applesauce</p>	<p>22 Pancakes w/ Sausage Hash Browns ***** Cheese Stuffed Breadsticks Marinara Sauce, Green Beans Peach Slices</p>	<p>23 Cooks Choice ***** EARLY RELEASE Lucky Sack Day</p>	<p>24</p> <p>Thanksgiving NO SCHOOL</p>	<p>NO SCHOOL</p>
<p>28 Breakfast Sausage Pizza ***** Mini Corn Dogs or Taco Hot Pocket, Green Beans Pear Slices</p>	<p>29 Yogurt w/ Grahams or Hot Oatmeal w/ Grahams ***** Cooks Choice</p>	<p>30 Cereal Bar w/String Cheese ***** Grilled Cheese Sandwich Steamy Tomato Soup Juice, Fresh Baked Brownie</p>	<p>Choice of 1% white or non-fat chocolate milk is offered with every meal. All breakfasts are served with fresh fruit, drained canned fruit or 100% fruit juice</p>	<p>A Harvest Bar is offered daily at lunch includes: fresh fruit, crisp fresh vegetables and condiments for the meal.</p>