

# DECEMBER 2009

Monday	Tuesday	Wednesday	Thursday	Friday
The Lake Chelan School District is an Equal Opportunity Employer and Provider.	1 Yogurt Cereal Bar ***** Pepperoni OR Cheese Pizza Fresh Garden Salad Pineapple Tidbits	2 Mini Strawberry Pancakes Sausage ***** Ham & Cheese Hoagie Baked Harvest Chips Juice Cup, Satsuma Orange	3 Sausage & Cheese Square ***** Chicken Strips Mashed Potatoes w/Gravy Corn, Dinner Roll, Peaches	4 Hot Oatmeal OR Cold Cereal, Fruity Muffin ***** Taco Hot Pocket OR Fish Nuggets, Green Beans Teddy Grahams, Pears
7 <b>LATE START</b> Cooks Choice ***** Cheese Stuffed Breadsticks Marinara Sauce, Green Beans Fruit Rollup, Mandarin Oranges	8 Fresh Baked Blueberry Bread ***** Chicken Crisпитos Sunflower Seeds, Juice Cup Gogurt, Chilled Peaches	9 Breakfast Hot Pocket ***** Deluxe Cheese Burger/Bun Baked French Fries Satsuma Orange	10 Breakfast Bagel w/Egg Sausage and Cheese ***** Nachos w/Beef Taco Meat and/or Cheese Sauce, Corn Fruit Bite, Rosy Applesauce	11 French Toast, Sausage Hash Browns ***** Chicken Nuggets Green Beans, Diced Pears "Got Milk" Cookies
14 Ham & Cheese Bar Toast ***** Hot Dog/Whole Grain Bun Baked Potato Wedges Pudding on a Stick Satsuma Orange	15 Fresh Baked Pumpkin Bread ***** Pepperoni OR Cheese Pizza Fresh Garden Salad Pineapple Tidbits	16 Kids Choice *****  Kids Choice	17 Waffles Sausage ***** Chicken Patty/Bun Green Beans Scooby Doo Grahams Chilled Peaches	18 Cooks Choice *****  <u>Lucky Sack Day</u> Corn Dog, Applesauce Cup Very Berry Juice Bar Cinnamon Pro Ball
	<b>OUT FOR WINTER BREAK</b>		<b>OUT FOR WINTER BREAK</b>	
The fresh fruit and vegetable bar is available to all students between breakfast and lunch.	Choice of 1% white or non-fat chocolate milk is offered with every meal.	All breakfasts are served with fresh fruit, canned fruit or 100% fruit juice.	Whole grain and whole wheat bread products are served.  All hot food items are either baked or steamed.	<b>SCHOOL WILL RESUME ON MONDAY, JANUARY 4, 2010.</b>