

FEBRUARY 2010

Monday	Tuesday	Wednesday	Thursday	Friday
1 French Toast, Sausage Hash Browns ***** Baked Popcorn Chicken Green Beans, Mandarins "Got Milk" Cookies	2 Assorted Cold Cereal Fruity Muffin ***** Italian Hot Pocket OR Beef and Bean Burrito/Salsa, Corn Rice Krispie Treat, Peaches	3 Yogurt Cereal Bar ***** Deluxe Cheese Burger/Bun Baked French Fries Fresh Orange Wedges	4 Fresh Baked Pumpkin Bread ***** Hot Dog OR Chili Dog/Bun Carroteenies, Curious George Fruit Snacks, Diced Pears	5 Kids Choice ***** Kids Choice
8 LATE START Breakfast Hot Pocket ***** Baked Chicken Crisпитos Refried Beans, Juice Cinnamon Pro Ball Rosy Applesauce	9 Fresh Baked Coffee Cake ***** Cheese OR Pepperoni Pizza Fresh Garden Salad Pineapple Tidbits	10 Pancakes Sausage ***** Teriyaki Dippers Oriental Rice, Frozen Juice Bar, Fortune Cookie Mandarin Oranges	11 Ham & Cheese Bar Whole Grain Toast ***** Baked Chicken Strips Mashed Potatoes/Gravy Wheat Dinner Roll, Corn Chilled Peaches	12 Assorted Cold Cereal Cinnamon Pro Ball ***** Nachos w/Beef Taco Meat and /or Cheese Sauce Raspberry Sherbet Cup Diced Pears
15 NO SCHOOL	16 Sausage and Cheese Square ***** Baked Chicken Nuggets Green Beans Cheesy Goldfish Crackers Chilled Peaches	17 Yogurt Fruity Muffin ***** Grilled Cheese Sandwich Tomato Soup, Juice Fresh Apple Slices Homemade Brownie	18 Breakfast Quesadilla ***** Baked Fish Nuggets OR Taco Hot Pocket, Corn Chocolate Elf Grahams Fresh Orange Wedges	19 Homemade Granola Bar ***** Waffles, Sausage Hash Browns Strawberries Whip Cream
22 LATE START Bagel/Cream Cheese, Sausage ***** Baked Chicken Patty/Bun Corn Fresh Apple Slices/Dip	23 Breakfast Hot Pocket ***** Cheese Stuffed Breadsticks Marinara Sauce Raspberry Sherbet Cup Diced Pears	24 Ham & Cheese Bar Whole Grain Toast ***** Tuna Fish Sandwich OR Whole Grain Corn Dog Green Beans Citrus Fruit Bites, Peaches	25 Fresh Baked Blueberry Bread ***** Whole Grain Rotini Pasta w/Meat Sauce, Garden Salad Texas Cheese Toast Pineapple Tidbits	26 Assorted Cold Cereal Fruity Muffin ***** Ham & Cheese Hoagie Baked Harvest Grain Chips Very Berry Juice Bar Fresh Orange Wedges
	The Lake Chelan School District is an Equal Opportunity Employer and Provider.	Whole grain and whole wheat bread products are served. All hot food items are either baked or steamed.	Choice of 1% while or non-fat chocolate milk is offered with every meal. All breakfasts are served with fresh fruit, drained canned fruit or 100% fruit juice.	The fresh fruit and vegetable bar is available to all students between breakfast and lunch.