



Annual Health History Update

Student Name: _____ Gender: M F Date of Birth: _____
 Parent/Guardian Name: _____ Phone: _____ Cell: _____
 Primary Doctor: _____ Phone: _____ Preferred Hospital: _____

MY STUDENT HAS NO KNOWN HEALTH CONCERNS

SEVERE LIFE-THREATENING HEALTH CONDITIONS

If you check any of the following boxes you must contact the school nurse YEARLY to determine the need for an Emergency Care Plan. The plan must be in place and/or medication at school before starting the school year. (per RCW28A.210.320)

- ANAPHYLAXIS:** Severe allergy *with epinephrine* prescribed (example: peanuts, tree nuts, bee stings)
 Allergen(s): _____
 Symptoms: _____
- ASTHMA:**
 What daily medications does your child use at home? _____
 Does your child require an inhaler at school? Yes No Asthma triggers? _____
 Has your child been hospitalized or been on oral steroids within the past year? Yes No
- CARDIAC:**
 Heart condition: _____ Age Diagnosed: _____
 Current medications: _____
 Current restrictions for school: _____
- DIABETES:**
 Type I – Insulin Dependent Age diagnosed: _____ Insulin Pump: Yes No
 Type II – Control with diet and oral hypoglycemic Medications: _____
- SEIZURES:**
 Orders for emergency medication during the school day Diastat Midazolam
 Grand Mal: Age diagnosed: _____ Medications at home: _____
 Petit Mal: Age diagnosed: _____ Medications at home: _____
 Other: _____
 Seizures look like: _____
- OTHER LIFE-THREATENING CONDITION:** _____

Has your doctor ever diagnosed your child with any of the following (check only if it applies to your child):

- | | |
|------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> Allergy: NOT life threatening, to: _____ | <input type="checkbox"/> Other respiratory concerns: _____ |
| <input type="checkbox"/> Digestive disorders (food intolerances, IBS, constipation) | <input type="checkbox"/> Hearing Concerns:
<input type="checkbox"/> Deaf <input type="checkbox"/> Hearing loss <input type="checkbox"/> Hearing aids |
| <input type="checkbox"/> Neurological (CP, Hydrocephalus, Concussions, etc.) | <input type="checkbox"/> Vision Concerns:
<input type="checkbox"/> Full time glasses/contacts <input type="checkbox"/> Reading glasses |
| <input type="checkbox"/> Orthopedic problems (Arthritis, MS, etc.) | <input type="checkbox"/> Urinary/Kidney disorder (Reflux, catheterization, etc.) |
| <input type="checkbox"/> ADHD/ADD: Medications: _____ | <input type="checkbox"/> Skin Conditions: _____ |
| <input type="checkbox"/> Nutritional Assistance (Tube feeding, catheterization) | |
| <input type="checkbox"/> Mental Health (Depression, Anxiety, Eating disorder, OCD, etc.) | |
| <input type="checkbox"/> Bleeding disorders: _____ | |

Please explain any conditions checked above: (example: allergy to eggs, vomits, no medications)

Does your child need medication at school, or have any other school day health needs? Yes No

If yes, please list: _____

Does your child take daily medication at home? Please list: _____

I give permission for my child's immunization records to be updated using the Washington State Immunization System Yes No

Permission granted for emergency hospitalization or doctor's care Yes No

I understand that the above information will be shared with school district personnel on a "need to know" basis.

Parent Signature: _____

Date: _____

School Nurse comments (For School Nurse Use only): _____