



Lake Chelan School District Athletics Update

October 20, 2020



On October 6th, the WIAA released new guidelines last week regarding “return to play” guidelines for MS & HS athletics in Washington State.

Detailed information on the new WIAA guidelines: <https://wiaa.com/News.aspx?ID=1732&Mon=10&Yr=2020>

Previously, all “return to play” guidelines Washington State had were tied to phases. For instance, in order to have basketball, wrestling and football competitions, we were required to be in phase 4. Rather than phases, we are now tied to metrics. The guidelines now hinge on the number of positive cases per 100,000 people in our county over the last 14 days, and the positive test rate %.

Currently, in Chelan/Douglas County we are at **171.6/100,000 in the last 14 days.**

The metrics below show where we will need to be in order to have league competitions for each sport. In parentheses you will also see the start date/end date for each sport.

Chelan High School Sports

Season 2:

- Boys and Girls Basketball (Dec. 28-Feb. 27) *Must be at 25/100,000 or lower*
- Wrestling (Dec. 28-Feb. 27) *Must be at 25/100,000 or lower*
- Winter Cheer (Dec. 28-Feb. 27) *Must be at 25/100,000 or lower*

Season 3:

- Football (Feb. 18-May 8) *Must be at 25/100,000 or lower*
- Boys and Girls Cross-Country (March 1-May 1) *Low-risk sport; Able to have competitions at greater than 75/100,000*
- Volleyball (March 1-May 1) *Must be at 75/100,000 or lower*
- Girls Soccer (March 1-May 1) *Must be at 75/100,000 or lower*
- Fall Cheer (March 1-May 8) *Must be at 25/100,000 or lower*

Season 4:

- Boys and Girls Golf (April 26 - June 26) *Low-risk sport; Able to have competitions at greater than 75/100,000*
- Boys and Girls Track & Field (April 26-June 26) *Low-risk sport; Able to have competitions at greater than 75/100,000*
- Boys and Girls Tennis (April 26-June 26) *Low-risk sport; Able to have competitions at greater than 75/100,000*
- Boys Soccer (April 26-June 26) *Must be at 75/100,000 or lower*
- Baseball (April 26-June 26) *Must be at 75/100,000 or lower*
- Softball (April 26-June 26) *Must be at 75/100,000 or lower*

Note: Although competitions are allowed for low-risk sports when metrics are greater than 75/100,000, they are discouraged if the school is not conducting some in-person learning.

Chelan Middle School Sports

Season 1:

- Volleyball (Jan. 19-Feb. 26) *Must be at 75/100,000 or lower*
- Wrestling (Jan. 19-Feb. 26) *Must be at 25/100,000 or lower*

Season 2

- Cross-Country (March 1-April 2) *Low-risk sport; Able to have competitions at greater than 75/100,000*
- Softball (March 1-April 2) *Must be at 75/100,000 or lower*
- Boys Basketball (March 1-April 2) * *Must be at 25/100,000 or lower*

Season 3

- Girls Basketball (April 12-May 14) * *Must be at 25/100,000 or lower*
- Football (April 12-May 21) * *Must be at 25/100,000 or lower*

**If we are unable to offer football/basketball due to metrics; NCW League will offer Track & Field in Season 3 (Decision will be made in March)*

Tracking Metrics:

There has been some confusion on what our current metrics are in Chelan County. The WIAA is telling us to use the data from the WA Risk Assessment Dashboard. However, our county is currently administering two tests (PCR and Antigen), and the state does not currently have the ability to track antigen tests. Therefore, our numbers are inaccurate on the site that the WIAA recommends that we use.

Here is the best resource for checking our current metrics:

Chelan Douglas Health District Website: <https://cdhd.wa.gov/covid-19/#casecount>

WIAA out of season coaching period (Oct. 5 - Dec. 19) High School Programs Only:

The out-of season coaching period, which is typically held in the summer during June and July, allows teams to engage in offseason training. During this period, student-athletes are currently allowed to work with coaches in pods of 6. No competitions (vs. other schools) are allowed during this period. In order to avoid having our multi-sport athletes pulled in multiple directions, we have created the following schedule for this period:

Spring Sports (Track & Field, Tennis, Boys Soccer, Baseball, Softball) - **October 5th - October 24th**

Falls Sports Group 1 (Football, XC & Girls Soccer) - **October 26th - November 14th**

Fall Sports Group 2 (Volleyball & Fall Cheer) - **November 2nd - November 21st**

Winter Sports – (Basketball, Wrestling, & Winter Cheer) - **November 30th - December 19th**

If CHS athletes are interested in participating in this out-of-season coaching period they must be registered on Family ID www.familyid.com, and they must have a current physical on file in the CHS office. Physicals are valid for 24 months for the 2020-21 school year only. Once athletes are registered on Family ID, they will be contacted by our coaches and placed into a workout pod. No fees (ASB card fee) are required to participate in our Fall Open Coaching Practices. These practices are voluntary and not all programs may offer practice sessions. ***Go Pirates! Go Goats!***

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