

THE LAKE CHELAN SCHOOL DISTRICT IS AN EQUAL OPPORTUNITY EMPLOYER AND PROVIDER

May 2021

Lunch Menu for

CMS * CHS

(menus are subject to change)

FOOD FOR THOUGHT

Free/Reduced approved applications do NOT remove previous negative balances from your student(s) account. Please keep all accounts \$5 or more.

Student lunch includes an entrée (meat/meat alternate with grain accompaniments); All meals are served milk, 1% white and fat free chocolate; All canned fruits are drained for lower sugar intake.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 BREAKFAST: Pancake, Sausage & Fruit LUNCH: Hamburger, Fries & Fruit	4 BREAKFAST: Breakfast Burrito & Fruit LUNCH: Pizza, Fruit & Veggie	5 BREAKFAST: Donut, Yogurt & Fruit LUNCH: Nacho, Fruit & Veggie	6 BREAKFAST: Breakfast Sandwich & Fruit LUNCH: Lunchable, Fruit & Veggie	7 BREAKFAST: Granola, Yogurt & Fruit LUNCH: Mac-n-Cheese Bowl, Fruit & Veggie
10 BREAKFAST: Cereal Bar & Fruit LUNCH: Corn Dog, Fruit & Veggie	11 BREAKFAST: Benefit Bar, String Cheese & Fruit LUNCH: Chicken Burger, Potato Wedge & Fruit	12 BREAKFAST: Ham-n-Cheese Bar, Graham & Fruit LUNCH: Super Burrito, Fruit & Veggie	13 BREAKFAST: Pancake, Sausage & Fruit LUNCH: Pizza, Fruit & Veggie	14 BREAKFAST: Muffin, Yogurt & Fruit LUNCH: Chicken Taco, Beans & Fruit
17 BREAKFAST: Pumpkin Bread, String Cheese & Fruit LUNCH: Quesadilla, Fruit & Veggie	18 BREAKFAST: French Toast & Fruit LUNCH: Hamburger, Fries & Fruit	19 BREAKFAST: Breakfast Sandwich & Fruit LUNCH: Breadsticks, Marinara, Fruit & Veggie	20 BREAKFAST: Apple Frudel & Fruit LUNCH: Deli Sandwich, Fruit & Veggie	21 BREAKFAST: Granola, Yogurt & Fruit LUNCH: Pizza, Fruit & Veggie
24 BREAKFAST: Cinnamon Roll & Fruit LUNCH: Corndog, Fruit & Veggie	25 BREAKFAST: Benefit Bar, String Cheese & Fruit LUNCH: Super Burrito, Fruit & Veggie	26 BREAKFAST: French Toast, Sausage & Fruit LUNCH: Popcorn Chicken, Fruit & Veggie	27 BREAKFAST: Breakfast Sandwich & Fruit LUNCH: Chicken Ranch Wrap & Fruit	28 BREAKFAST: Bagel w/ Cream Cheese & Fruit LUNCH: Chicken Burger, Potato Wedge & Fruit
31 NO SCHOOL				